

Saturday, April 23, 2016
An Annual Spring CME Activity

Joint Partners

Woman's Foundation

and the

Acadiana Pediatric Society

Louisiana Immersive Technologies Enterprise (LITE)
537 Cajundome Blvd. • Lafayette, LA

Faculty

Kathi Kemper, MD, MPH

Director, Center for Integrative Health and Wellness
Professor, Pediatrics and Dietetics, College of Medicine
Adjunct Professor, College of Nursing
The Ohio State University
Columbus, OH

Dennis M. Styne, MD

Yocha Dehe Chair of Pediatric Endocrinology
Professor of Pediatrics
University of California
Sacramento, CA

Target Audience

Pediatricians ♦ Pediatric Specialists ♦ General Family Practice
Physicians ♦ Registered Nurses ♦ Nurse Practitioners ♦ Other
healthcare professionals that are involved in the field of pediatrics

Overnight Accommodations

The following hotels can be contacted for accommodations.
No room blocks have been reserved for this conference and room reservations
are the total responsibility of the participants.

DoubleTree by Hilton

1521 West Pinhook Road
Lafayette, LA 70503
337-235-6111

Hilton Garden Inn

2350 W Congress Street
Lafayette, LA 70506
337-291-1977

Hampton Inn and Suites

1910 S College Road Ext.
Lafayette, LA 70508
337-266-5858



While visiting Lafayette

We hope you find the time to experience the

Festival International de Louisiane

April 20-24, 2016 • Downtown Lafayette

Festival International de Louisiane is a FREE 5-day music and arts festival celebrating the French cultural heritage of southern Louisiana - primarily a combination of French, African, Caribbean, and Hispanic influences. The largest outdoor, free Francophone event in the U.S., the Festival emphasizes the connections between Acadiana and the Francophone world. Each year performing, visual and culinary artists from Europe, Africa, Canada, the Caribbean and the Americas are invited to share their talents with Louisiana artists, residents, and visitors.

Agenda

7:30-8:00 AM **Registration / Continental Breakfast / Exhibits**

8:00-8:15 Introduction
Michael K. Judice, MD, FAAP
Program Chair, Woman's Foundation

8:15-9:00 Introduction to Burnout and Resilience
Kathi Kemper, MD, MPH

9:00-9:45 Growth Diagnosis in Your Office
Dennis M. Styne, MD

9:45-10:00 Questions / Answers

10:00-10:30 **Break / Exhibits**

10:30-11:15 Is Puberty Really Starting Earlier Nowadays?
Dennis M. Styne, MD

11:15-12:00 PM Integrative Approaches to Headache
Kathi Kemper, MD, MPH

12:00-12:15 Questions / Answers

12:15-1:15 **Lunch / Exhibits**

1:15-2:00 Integrative Approaches to ADHD – At Least It's Natural
Kathi Kemper, MD, MPH

2:00-2:45 Thyroid Disorders in Childhood: You Really Can
Understand Those Confusing Tests!
Dennis M. Styne, MD

2:45-3:00 Questions / Answers

3:00 Adjourn

Disclosure/Disclaimer In accordance with Woman's Foundation policy, all committee, planning, and faculty members have signed a conflict of interest statement in which they have disclosed any significant financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are expected to disclose any such information to participants. Such disclosure allows you to evaluate better the objectivity of the information presented in lectures.

Woman's Foundation fully complies with the legal requirements of the ADA and the rules and regulations thereof. If any participant of the program given by Woman's Foundation is in need of accommodation, please do not hesitate to call and/or submit a request in writing to Woman's Foundation in order to receive service. Dietary requests need to be submitted in writing also.



Conference Objectives

- ◆ Define burnout and its epidemiology; Recognize the feasibility and impact of online strategies to promote resilience; Use free online resources to provide mind-body skills for patients, friends, and colleagues.
- ◆ Utilize the correct techniques of measurement and interpretation of the measurement on appropriate instruments; Evaluate the standard tests ordered in the diagnosis of disorders of growth based upon the initial patient's physiologic developmental stage; Recognize which genetic testing in disorders of growth are useful when the standard evaluations are inadequate; Utilize the parents' heights in the evaluation of disorders of growth; Provide confidence in discussing predicted height with parents.
- ◆ Accurately determine whether a child began pubertal development at an abnormally young age; Order appropriate laboratory evaluations if the child is indeed entering puberty earlier than the normal limits; Refer for possible treatments of precocious puberty; Search for serious organic complications that may lead to precocious puberty; Differentiate the various causes of precocious puberty and the various types of these conditions.
- ◆ Recognize the key elements of a headache diary and try at least one app to find your preferred strategy; Counsel patients on common triggers and preventive vitamins and minerals; Counsel patients on the safety and effectiveness of mind-body therapies and refer to professionals; Recognize the pros and cons of acupuncture, massage, and hypnosis in preventing pediatric headache and identify training opportunities.
- ◆ Interpret thyroid test normal reference range for various ages; Decide upon initiation of treatment of hypothyroidism based upon TSH levels in pediatrics; Order the correct antibody test for the diagnosis of various conditions of the thyroid; Recognize appropriate thyroxine doses for hypothyroidism; Recognize worrisome signs of thyroid cancer.

Accreditation

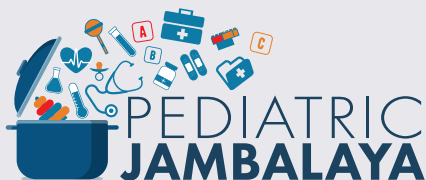
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Louisiana State Medical Society (LSMS) through the joint providership of **Woman's Foundation** and the **Acadiana Pediatric Society**. **Woman's Foundation** is accredited by LSMS to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of the CME activity.

Designation Statement

Woman's Foundation designates this live educational activity for a maximum of **5.25 AMA PRA Category 1 credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other attendees will be given a **Certificate of Attendance** which may be used to obtain continuing education credit with respective boards/professional societies.





Conference Registration

Saturday, April 23, 2016

LITE ♦ Lafayette, LA

Please Print

Name _____ Degree _____

Specialty _____

Mailing Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email Address _____

REGISTRATION FEES

Fees include continental breakfast, lunch, conference materials and CME credits.

Physicians \$100

APS Physicians (member of Acadiana Pediatric Society) \$75

Retired Physicians \$25

Residents \$25

Nurses / Other Health Care Professionals \$50

***CE Credits will not be given to nurses for this activity.*

Participants will be given a certificate of attendance.

Total Payment Due and Enclosed \$ _____

TO REGISTER

Online: www.womansfoundation.org

Mail form Woman's Foundation

and payment 4630 Ambassador Caffery Pkwy, Suite 100

to: Lafayette, LA 70508

FOR ADDITIONAL INFORMATION, CONTACT

Taryn Daigle or Ashley Lambert at Woman's Foundation

Phone 337-988-1816 • Fax 337-988-5613

Email: taryn@womansfoundation.org

ashley@womansfoundation.org

Registration All participants of the conference must register with the registration desk at the conference prior to all events. Name Badges will be provided for conference registrants. Badges will be required for admittance to all activities.

Refund Policy Refunds of any activity fees will be made if cancellations are made prior to **Monday, April 18, 2016**. Absolutely no request for refunds will be honored after this date. No-shows are not eligible for a refund.

Registration Deadline Deadline for conference registration is **Wednesday, April 20, 2016**.

Parking There is free parking at Louisiana Immersive Technologies Enterprise (LITE)

Dress Attire Business casual - consider layered clothing as heating and cooling conditions may vary.



4630 Ambassador Caffery Pkwy.
Suite 100
Lafayette, LA 70508

Address Service Requested

Conference Overview

Annually the Woman's Foundation and Acadiana Pediatric Society jointly sponsor a Spring CME activity. Pediatric Jambalaya XIII is a mixture of health care topics which will enhance your pediatric practice. Attendees will receive a maximum of **5.25 AMA PRA Category 1 credits™**. Pediatric Jambalaya will be covering a variety of topics including:

ADHD ♦ Thyroid Disorders ♦

Integrative Approaches to Headache ♦ Growth Diagnosis

Register now for this exceptional event!