

# Best Practices for Supporting Patients in Recovery

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Department of Psychiatry

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I or my spouse have no financial relationships with commercial interests to report.

# Overview of LaSOR Project

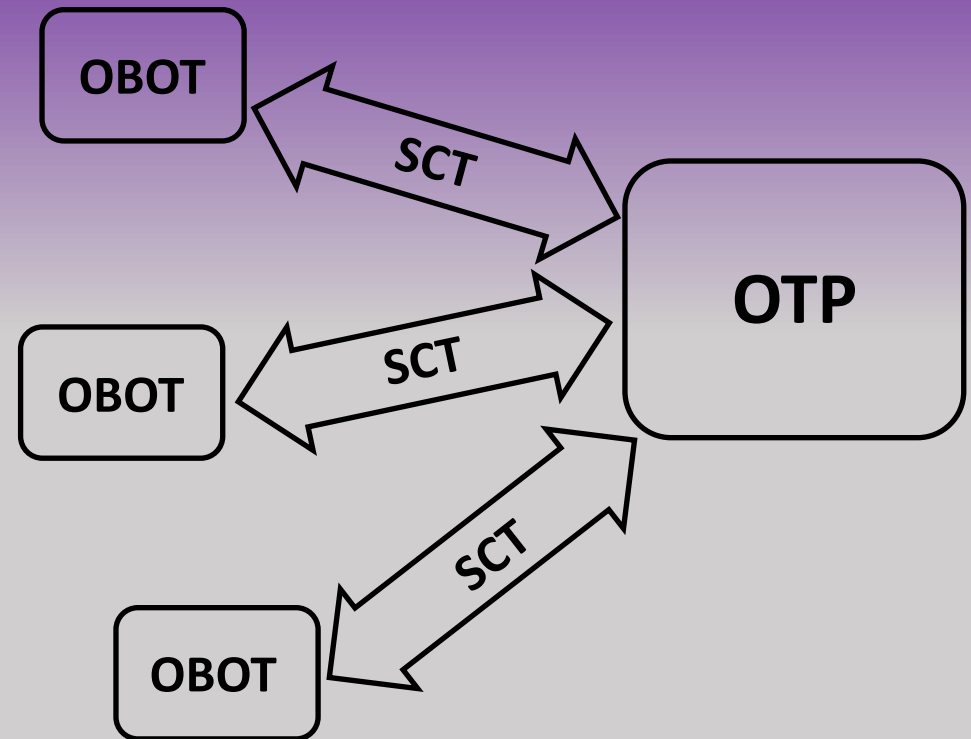
- Overall goal: Increase access to medication-assisted treatment (MAT) for opioid use disorder (OUD) and to reduce opioid-related overdose deaths w/ focus on under- and uninsured populations
- Services: MAT treatment, clinical consultation, Narcan kits

# LSUHSC's Role in LaSOR

- Enhance and expand the capacity of OUD treatment by working with various organizations to deliver medication-assisted treatment (MAT)
- Implement a collaborative approach to delivering MAT by facilitating access to medical and non-medical support using a “Hub & Spoke” model of care

# Hub & Spoke Model

- **Hubs:** Opioid treatment programs (OTPs)
  - Methadone clinics in each LGE
- **Spokes:** Office-based opioid treatment (OBOTs) providers
  - FQHCs, private/hospital practices, outpatient providers, psychiatrists, etc.
- **Spoke Care Teams (SCT)**
  - RN and LMHP provided by LSUHSC

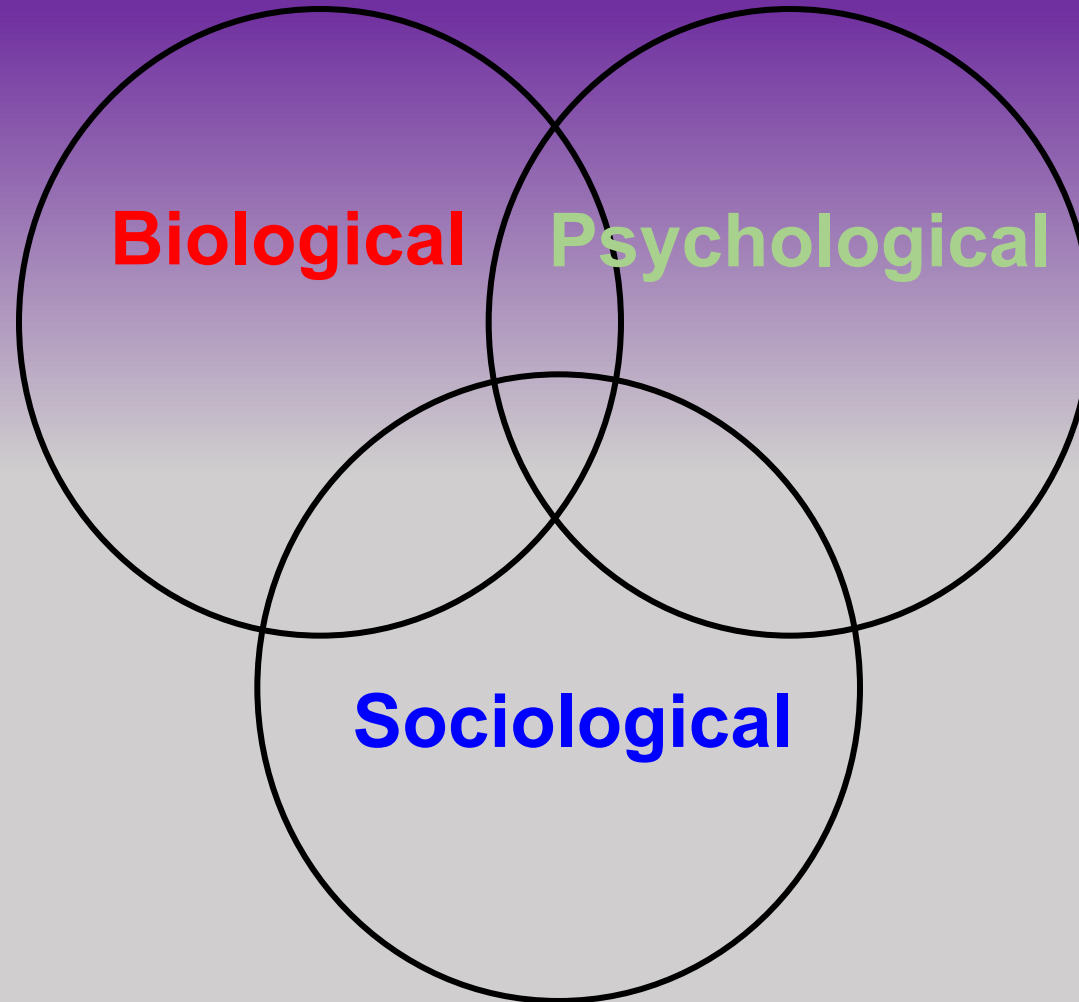


# Spoke Care Teams (SCTs)

- Each SCT comprised of a **RN and LMHP**
- SCTs employed by LSUHSC and offered at no cost to OBOTs
- SCTs will be located throughout the state in each of the 10 LGEs
- Responsibilities:
  - Act as a liaison between the OBOTs, OTPs, and other LaSOR provider networks
  - Screening, brief intervention, and referral to treatment (SBIRT) services, clinical assessment, case coordination, recovery support, data collection/entry

# Biopsychosocial Model ...

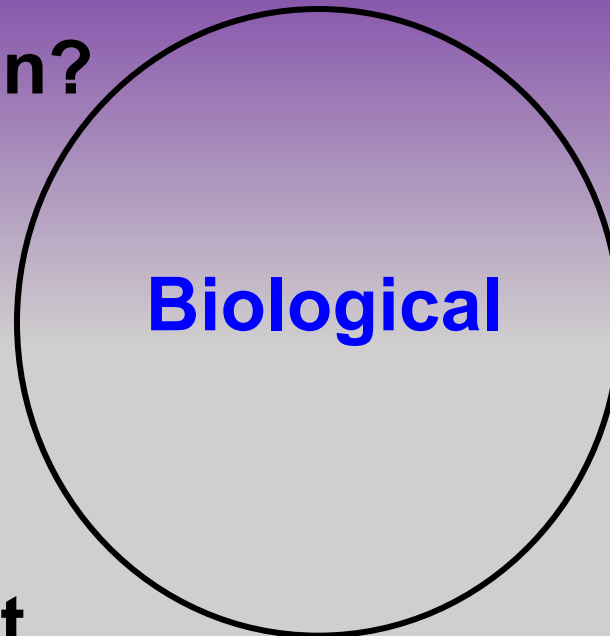
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# Biopsychosocial Model Example ...

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**Does the patient  
have a chronic  
medical condition?**



**Will the chronic  
medical condition  
interfere with  
current level of  
care?**

**Is the patient  
receiving care for the  
chronic medical  
condition?**



# Biopsychosocial Model Example ...

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**Does the patient  
have a co-occurring  
disorder?**



**How will this  
impact the  
patient's ability to  
receive treatment?**

**Is the patient  
receiving mental  
health management?**

# Biopsychosocial Model Example ...

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Does the patient have a car? Can they access public transportation?



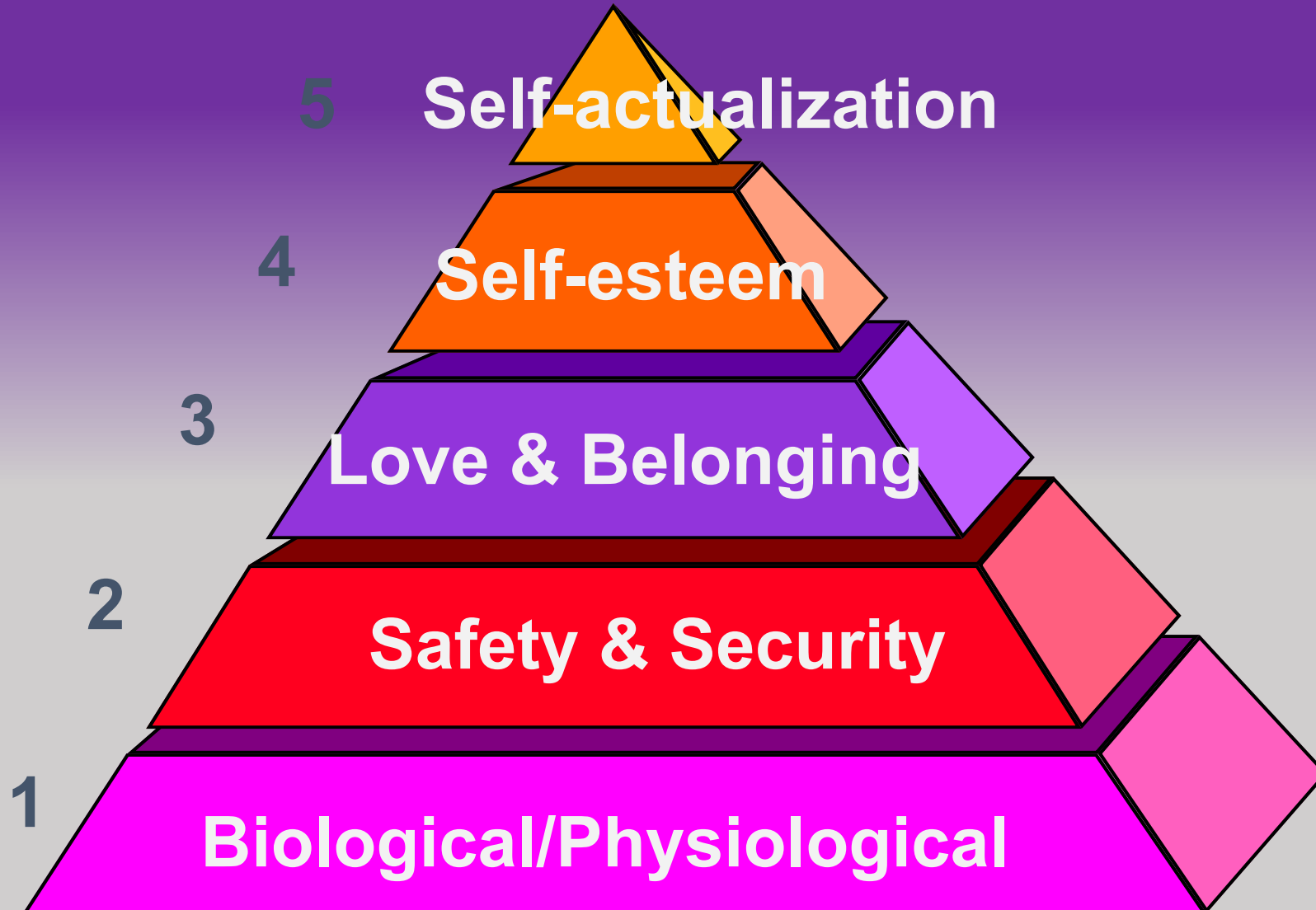
**Sociological**

How available are drugs or alcohol in the home?

How close do they live to the treatment center?

# Remember Maslow's Hierarchy of Needs?

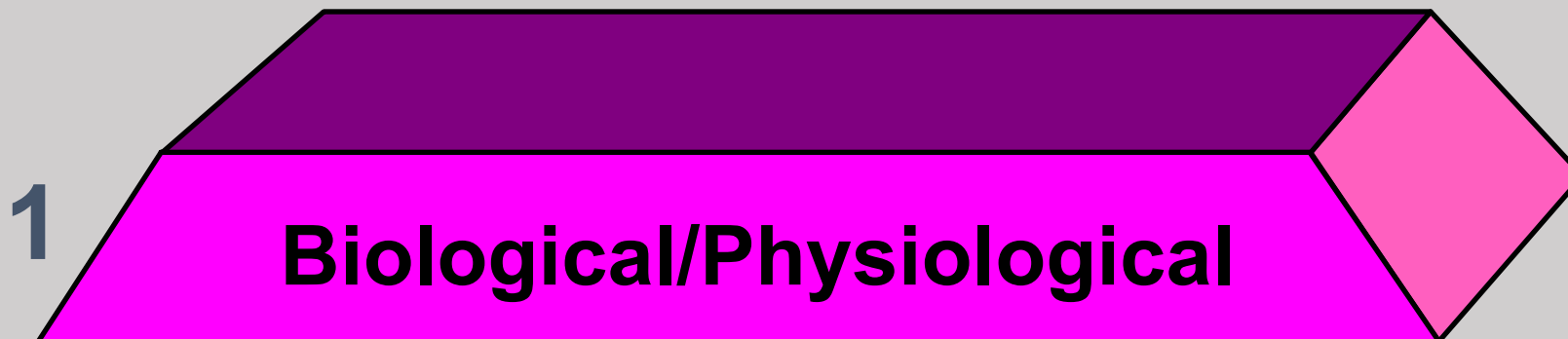
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# Physical Needs

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- **Substance Use**
- **Physical Health Management**
- **Medication Adherence Issues**



# Safety & Security

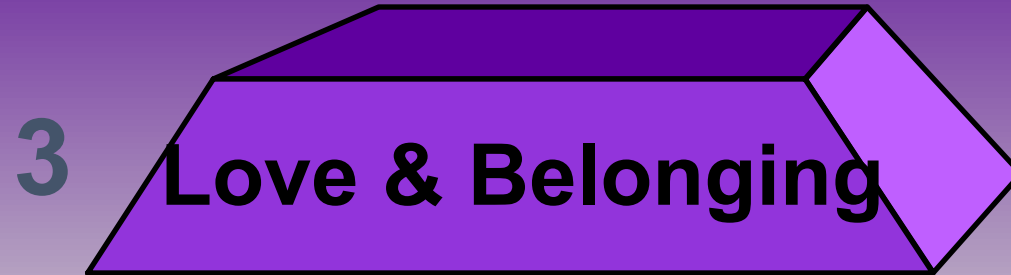
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- **Mental health management**
- **Functional impairments**
- **Legal issues**



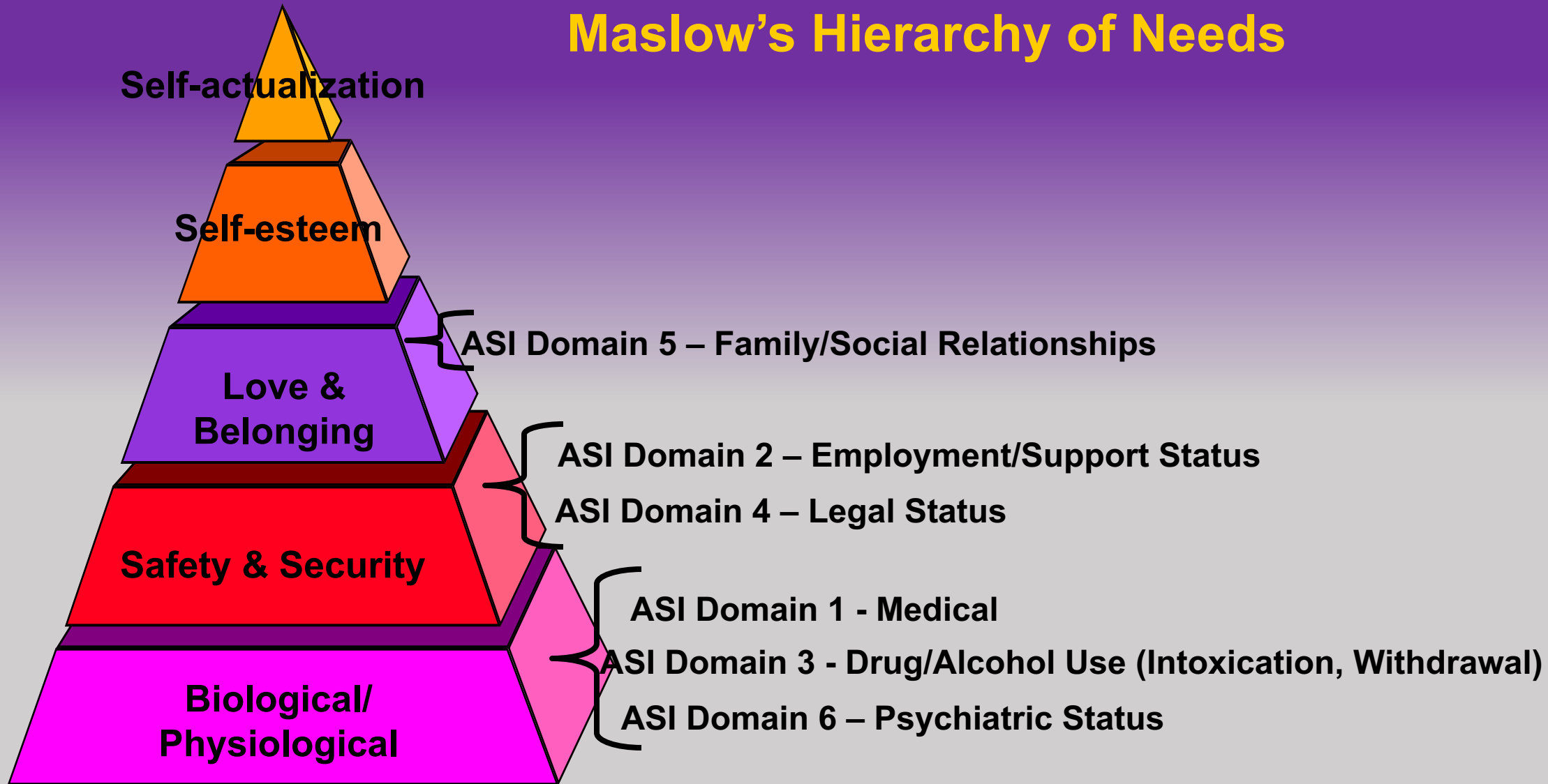
# Love & Belonging Needs

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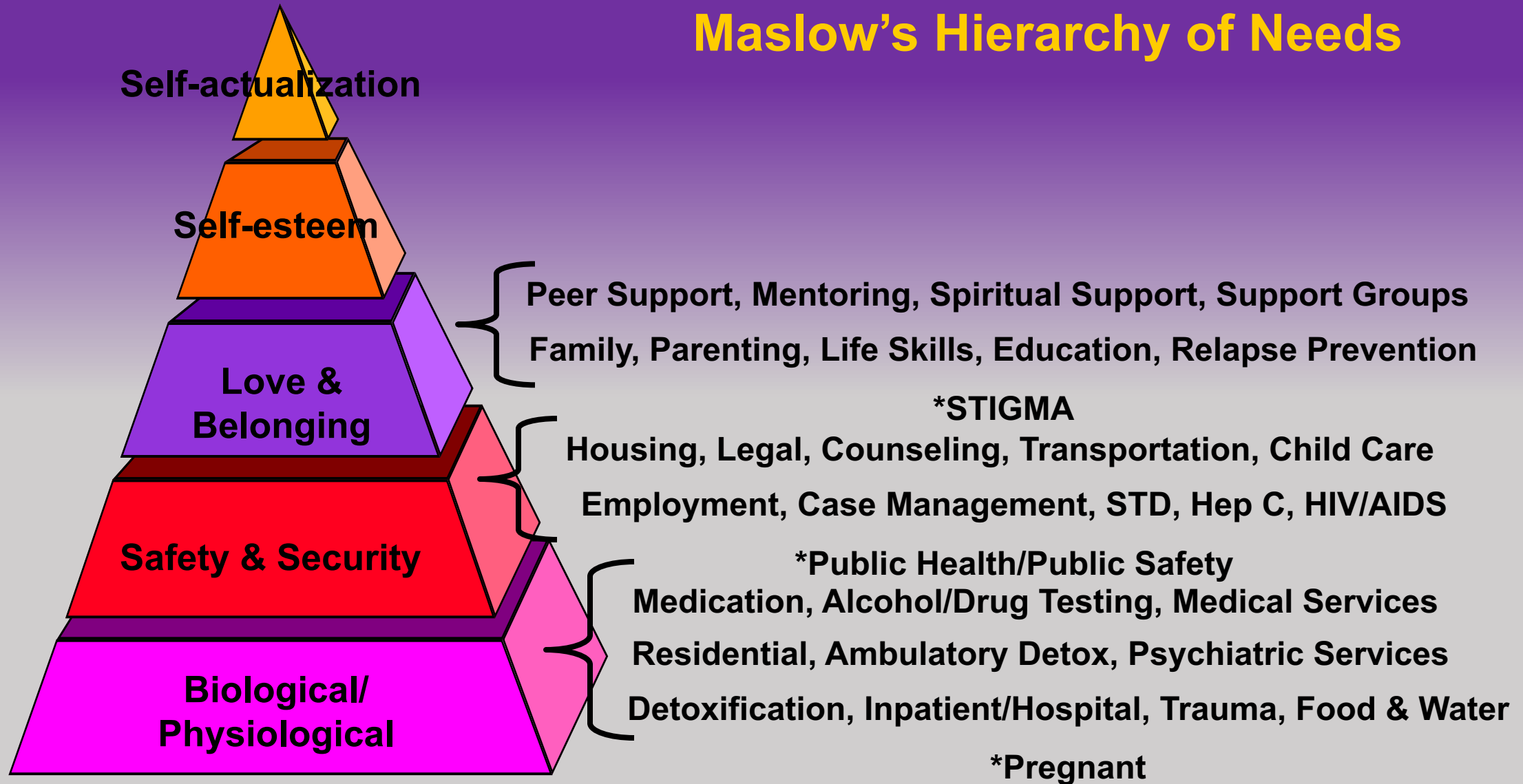


- **Social & interpersonal skills**
- **Need for affiliation**
- **Family relationships**

# Relationship Between ASI Domains & Maslow's Hierarchy of Needs



# Relationship Between Recovery Support & Maslow's Hierarchy of Needs





# Summary

- LSUHSC's primary role in the LaSOR project is to expand and enhance MAT treatment throughout the state using the Hub and Spoke model
- Patients experience Stigma when engaging recovery supports
- Public Health & Public Safety is a consideration when supporting patients in recovery for OUD
- Recovery support services are more effective when it is individualized bas on screening and/or assessment of patient
- Special populations include criminal justice & pregnant women

# Questions?

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